



Madigan Blood Drive

The Armed Services Blood Bank Center (ASBBC) at Madigan Army Medical Center (MAMC) wishes to thank our community for supporting our military blood program. Your donations have helped to ensure the high quality care our service members, retirees, family members and deployed troops richly deserve. However, the need for blood is constant. We urge people to become regular blood donors by continuing to donate throughout the upcoming weeks and months.

Please join the fight and help support our deployed soldiers by donating blood to the ASBBC. These donations are in direct support of our overseas deployments. We need of our retirees and military family members to join this fight by donating blood and helping to ensure that our fighting men and women come home safe. Blood donations to the Civilian Blood Centers only support the military if we cannot acquire enough blood on our own; therefore we are asking that you contact the ASBBC directly at (253) 968-1850/1903 to schedule your blood donation.

Here are some of the more common disqualifiers. Please call for more information and to schedule your donation.

People with:	Cannot donate if:
Tattoos	Within the past 12 months
Body Piercing	Within the past 12 months
(not using a sterile, one-time use needle)	
Cold or antibiotics	Within the past 72 hours
Donated blood	Within the past 8 weeks
Medical conditions	They have/had heart, liver, kidney disease, cancer, HIV, hepatitis
Certain immunizations*	Small Pox within the past 3 weeks
	MMR or Rubella within the past 4 weeks
	Yellow Fever within the past 2 weeks
	Others within the past 4 weeks*
Dental work	Cleaning within 24 hours
	Extractions within 72 hours
Travel to malaria endemic country	1-3 years depending on country and duration of stay. This includes Afghanistan & Iraq.
Travel to Europe	Between 1980-1996 accumulated 3 months in the UK or 6 months anywhere else in Europe

*bring a list of recent immunizations and dates

SPECIAL BLOOD DONORS NEEDED. The ASBBC is in need of platelet donors. Platelets are a special component of blood that helps patients with unique needs such as cancer and leukemia. Prospective donors must meet all of the same eligibility criteria as regular blood donors. The ASBBC would like to recruit donors who are willing to make a two (2) hour commitment to donate on a regular basis, approximately every 2 - 3 weeks. We are also in need of regular O Negative donors. If you are interested in becoming one of these special blood donors, please call Marty Ricker at (253) 968-1903.

The blood donor center is located on the 1st floor of the Madigan Nursing Tower.

Date	Day	Unit & Location
4 February	Wednesday	The Commons, Everett Naval Sta.
5 February	Thursday	In-House, Room 1-27-10
6 February	Friday	General Dynamics, Bldg 3036, FLW
9 February	Monday	USS Ford, Everett
10 February	Tuesday	NCO Academy, Bldg 3114, FLW
11 February	Wednesday	Army Corps of Eng, Seattle
12 February	Thursday	In-House, Room 1-27-10
18 February	Wednesday	IMF, Bangor Subase
19 February	Thursday	In-House, Room 1-27-10
24 February	Tuesday	USS Lincoln, Bremerton
25 February	Wednesday	TTF, Bangor Subase
26 February	Thursday	In-House, Room 1-27-10
27 February	Friday	USS Bridge, Bremerton
1 March	Monday	BOSS Drive, Nelson Rec Ctr, FLW
2 March	Tuesday	BOSS Drive, Nelson Rec Ctr, FLW
3 March	Wednesday	PSNS, Bldg 460, Bremerton

All drives will be operational 0900-1500. To ensure better service at In-House drives, please call 968-1850 for an appointment.